THE OUTLOOK

INCLUDING ALL PRAIRIE VIEW COMMUNITIES

Next Outlook June 11 **Submission deadline June 9** prairieviewoutlook@gmail.com

PUBLIC NOTICES

COMMUNITY NEWS

COMMUNITY CALENDAR

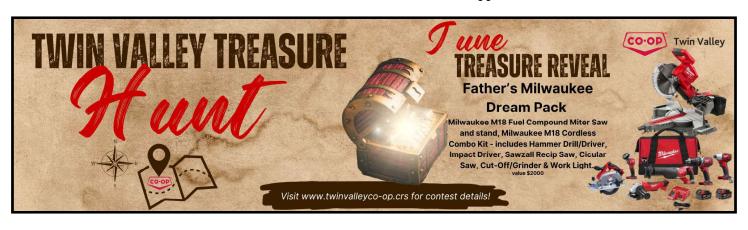
EMPLOYMENT OPPORTUNITIES

Walking with Purpose: Birtle Alzheimer's Walk Raises \$1,485



On Friday, May 23rd, Birtle PCH partnered with Birtle Collegiate School for the community Manitoba Alzheimer's Walk. It was an amazing day in Birtle! Thank you to the school staff and students for setting up, cooking the BBQ, and cleaning up. A big thank you to PCH staff, families, and volunteers for attending and assisting at the event — the residents really enjoyed their BBQ lunch. Also, a big thank you to everyone who donated as well as purchased a memory walk shoe, which is now beautifully decorating the PCH walls.

The event raised \$1,485.00 for the Manitoba Alzheimer's Society. Congratulations, Birtle PCH! A big Thank you to Tracey and Ashley in recreation for their hard work to make it all happen.





GET CONNECTED! with Prairie View High Speed Broadband Internet Residential & Business Internet Service For Prairie View Resident Installation fee of \$ 336.00 \$ 55.95 /monthly For Non-Resident Installation fee of \$ 336.00 + Mileage \$ 72.75 /monthly To schedule an install and for more information, please contact 204-847-0703 INCLIMITED SPEED! * Installation fee due at time of install. * Wireless Router can be provided for an additional cost.



LOCAL NOTICES

May 27 - Vaccine Clinic

May 22 - Important Notice Internet Rate Adjustment

May 12 - Recycling and Curbside Cart Info

May 12 - Dutch Elm Disease and Firewood Surveys

May 7 - Notice of Construction: Birtle Water & Sewer

May 6 - Spring Landfill Hours

April 28 - Birtle Agricultural Society Fair Book

To view full notices visit https://myprairieview.ca/p/local-notices





Important Notice: Internet Rate Adjustment

Please be advised that effective July 1, 2025, the monthly internet service rate will increase by \$5.00.

This adjustment helps us continue providing reliable service and investing in network improvements to serve you better.

We appreciate your understanding and continued support.

Thank you for being a valued customer!

Please note that PVM employees will no longer be responding to Facebook comments; please call either office or email info@myprairieview.ca with any questions.





With the warm weather finally here, BCI students are embracing the sunshine and heading outdoors to explore some of the incredible sights and attractions our region has to offer. From nature walks to floating down the river, it's a perfect time to learn, discover and enjoy everything our community has to offer outside the classroom.

Pictured Top: Outdoor Ed class enjoys some time Kayaking and exploring the riverside.

Below: Logan, Rain, Baker and Chloe enjoy some time on the Golf Course. Photo Credit Ellie Jebb









Birdtail Country Museum SUMMER MARKET Make It - Bake It - Grow It Birtle, MB Saturdays 11:00 AM to 2:00 PM August 2 June 21 July 5 August 16 July 19 August 30 Contact Bridget 204-796-0074 or Val 204-210-1036

Tables \$15/each 756 Main St. Birtle

Pictured left: Dazzling Duo - sisters Brenda and Karen provided

Photos Submitted

An introduction of the QR code for enhanced vis-

First of all, the museum's progress is possible largely due to the generosity of Birtle Value Shoppe, Birtle Lions Club, Twin Valley Coop, Prairie View Municipality, The Manitoba Government Grants, The Federal Government Grant, In kind contributions, donations and many volunteer hours.

Newly hired this spring, William Knol, who will be the Museum Assistant.

The upstairs of the museum is getting an overhaul, insulation and other upgrades so that we can bring back the living quarters and new displays. The two bedrooms and parlour will be open to visitors this summer. In addition, the upstairs hallway will showcase the museum's Indigenous collection and an 1885 Northwest Resistance exhibit.

Linda Wotton is bringing the Museum to life with a display in the windows of the Talbot's building. And Kayleigh Tanner (Community liaison Researcher) will be embarking on Phase Two of her outreach to neighbouring reserves gathering stories and history to add to the indigenous collection as well as increased information regarding the Birtle Indian School.

Fundraising continues with a successful Mother's Day Cream Tea. Thanks to the scone providers and Elly Sotas for the lovely transformation to tea room. And a big thank you to Brenda McKay Wilson and Karen Marshall who sang and Raymond Smith for the sound production.

June 21st will be the first of the regular Summer Markets to be held on alternate Saturdays. To book a table call Val at 204-210-1036 or Bridget at 204-796-0074. Linda Wotton and Katie Turnbull are creating the lunch menu. Yum!

The Birdtail Country Museum plans to open its doors to visitors on Saturday June 7th 1pm to 5pm and thereafter Monday to Friday 1pm to 5pm. In coordination with the summer markets the museum will be open on the same Saturdays as the markets.

Science, Stories and Heritage: Meet William, Our New Museum Assistant



Hello! My name is William Knol; I am the new Museum Assistant here at the Birtle Country Museum.

For the last six years my family and I have lived in Rossburn. That is where I went to school and graduat-

ed in 2024. My mother's side has lived in Birtle for as long as I can remember and definitely much longer. I fondly remember coming out here in the summers with my parents and two younger siblings when we didn't live so close by. Currently my mother works as a teacher at the Rossburn Elementary School, my dad is retired from the military, and my two younger siblings are, after this summer, going into grade 9 and 11.

My favorite topics in high school included just about all of the science courses, I enjoy sharing my knowledge on Biology, geology and ecology whenever I get the chance. I love learning new things and being asked questions that make me go back and research something further, whether that's through reading, finding published journals or through hands on experience. I am also a big fan of science fiction and board games. So, while I was in high school, I ran a Dungeons and Dragons club for the grades 6-8 at the Rossburn Elementary School which was loads of fun for me and the students.

After graduating from Rossburn Collegiate, I was

accepted and attended the University of Alberta for a Bachelor of Science in Pale-ontology, this also included a minor in Archeology. My long-term goal is to work in museums like the Royal Tyrrell Museum and the Royal Ontario Museum in order to study and share any new discoveries about ancient life, dinosaurs and ancient ecology.

The archeology classes I took in university sparked my interest in more recent history. So, I have been more keen to delve into my family and the surrounding areas history. I am looking forward to learning more about the history of the town, and my own family while working here. I am also excited to get right to work and share all of the new exhibits we have here at the museum with you all!

Make sure to check out the newly updated and revised museum website! Which can be found at birtleheritage.ca





89th ANNUAL

FAT STOCK SHOW

AT GALLOWAY FARMS

SATURDAY JUNE 14, 2025

SHOW STARTS AT 1pm

STEER SALE AT 5:00pm

COME SUPPORT YOUR LOCAL

FOXWARREN/SOLSGIRTH 4H BEEF CLUB















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A Night for Palliative Care



The annual "Ladies Night Out", sponsored by the Birtle & Area Palliative Care Committee took place on May 24 in Birtle. Support from the area was overwhelming and funds raised will go to the Committee to assist with ongoing programs that provide support to local area residents in time of medical need, including bur not limited to end of life comfort.

The crowd of approximately 170 ladies was entertained by Corny Rempel, a Johnny Cash and Elvis impersonator. Good music, good food and lots of fun were enjoyed for a worthwhile cause!

Birtle & Area Palliative Care Committee would like to thank everyone for their support in making the evening such a success!

















Birtle News by Jan Fleury

Sympathy of the Birtle Community is expressed to the family and friends of Rene Preteau of Foxwarren who passed away last week after a lengthy battle with kidney disease. He will be deeply missed by his wife Betty (Mitchell) Preteau. Rene and Betty re-located to Foxwarren from Churchill, MB several years ago. Rene was an avid floor curler at the Birtle DropIn Centre and many will miss seeing him there.

I, Jan, had a visit from my niece Georgette Dupont on May 12th as she was on her way home to Winnipeg after spending the weekend visiting with family and friends in St. Lazare. On Tuesday, her and her partner John packed up and went to the cabin near Lac Du Bonnet. A short time after arriving, they were told to evacuate due to the danger posed by wildfires in the area. They returned to Winnipeg and got word on Monday, May 19th that the cabin was okay and it was clear to return.

Congratulations to Alyssa Corr who recently graduated from Minot State University with a degree in Speech Language Pathology. Her parents, Jayme and Dana Corr and Grandmother Bunny Corr attended the ceremony.

Get well wishes are being sent out to Fay Tomiski, who, at the time of writing, is recovering from knee surgery in Russell Health Centre.

Congratulations to Griffin Bell who was asked to play with the Country Barons in Saskatoon last weekend. The team went undefeated and won the gold! Griffin is the son of Ashley Bell and Devon Bell-Evans of Birtle.

Thanks to Mr. Wilson's BCI students who spent some time building and painting benches and garbage stands at the Tennis/Pickleball courts as well as putting up the nets. As well a shout out to the Value Shoppe for painting the sign.

On Friday, May 23 the BCI students took part in the Community Alzheimer's BBQ and Participants met walk. at Birtle Collegiate for a BBQ lunch at noon and were joined by some of the residents of Sunnyside Manor. At 12:30 the walk began from the Collegiate and walked up to Sunnyside where they decorated the walls with paper 'shoes' that were purchased for \$2.00 and had the name of who they were walking for written on them. Donations were also accepted for the Alzheimer's Society and the total raised was close to \$1500.00. They are now hoping to make this an annual event..

Another successful Ladies' Night was held at the Community Hall on







Birtle News by Jan Fleury

Saturday May 24th. The evening kicked off with a delicious roast beef supper that was followed by a performance of Johnny Cash along with a duet with Willy Nelson. At the intermission, the committee made draws for all the many beautiful prizes. Following the intermission, Elvis was escorted into the hall by his four body guards. He sang and danced and had the audience involved . Johnny, Willy and Elvis were all performed by impersonator Corny Rempel from Steinbach,

MB. Corny also does voicing for cartoons, websites, movies and video games. Great job to the hard working committee for another great evening once again.

It's bear season once again. A blonde bear has been spotted around town and attended Men's Night at the golf course last Thursday evening, playing with the flag on hole 4. This week it visited the Jensen yard west of town and explored the landscaping. Be aware of you surroundings when out and about.







Miniota News by Linda Clark _

Congratulations to Mike and Tenelle Graham on the birth of their daughter Jayne Beverly Alice on May 9th. Jayne is also welcomed by her siblings

Harper and Norrie as well as grandparents and aunts.

Congratulations also to Garett and Jacquie Armitage on the birth of their daughter, Aubrey Ella on May 9th. Aubrey is also welcomed by Grandma Sharon Armitage and the Pollard Family.

Our deepest sympathy is extended to Barry and Lynne Cornish and their family on the death of Lynne's oldest brother, Doug Sanderson. Our thoughts and prayers are with you all.

"The key is to keep company only with people who uplift you, whose presence calls forth your best." Epictetus

Our youth baseball players and their fans enjoyed beautiful weather on May 24th and 25th for our annual Miniota tournament. Miniota teams included 4 – 7U teams, U9 girls softball, U11 baseball

and softball, U13 baseball and softball with visiting teams from Russell, Birtle, Hamiota, St. Lazare and Virden. The canteen was a busy spot. Congrats to the players and the many volunteers on a successful two days!

Following the beautiful rains, and now with sun and heat, farmers and gardeners are going hard. Our countryside is looking quite lovely!

Today, Tuesday, May 27th is a day for history as King Charles opened the 45th Parliament with the Throne speech.

"If you don't like something, change it. If you can't change it, change your attitude. Don't complain." Maya Angelou



MINIOTA COMMUNITY CENTER PROUDLY PRESENTS:

MINIOTA BONSPIEL

JOIN US FOR THE 32ND ANNUAL MINIOTA SUMMER CURLING BONSPIEL

JULY 17-20TH, 2025

CASH PRIZES | CALCUTTA | SATURDAY LIVE BAND + SOCIAL

Call/Text Loree Gardham: 204-851-5221 to enter
*Early bird entries \$180 until May 1st || After May 1st Fee \$200
(CURLERS MUST BE AVAILABLE TO CURL THURSDAY-SUNDAY)

THE CURLING BONSPIEL IS THE MAIN HIGHLIGHT OF OUR 'SHIRTSLEEVE CLASSIC' WEEKEND, WHICH ALSO INCLUDES A GOLF TOURNAMENT, SLO PITCH TOURNAMENT, COMMUNITY SUPPERS, SATURDAY SOCIAL WITH LIVE BAND, KIDS' ACTIVITIES, TRACTOR PULL, CAR RALLY AND SO MUCH MORE.

JOIN US FOR AN UNFORGETTABLE WEEKEND!

Teacups, Twine & Good Times

What a sweet night it was!

Thank you to everyone who joined us for our latest Ladies' Night — we had such a lovely time making bird feeders out of vintage teacups. They turned out so beautiful, and it was amazing to see all the different styles and creativity come together in one room! Huge thank you to our hosts, Lorrie + Lisa!

We do have a few extra kits available, so if you weren't able to attend (or just want to make another one!), we're offering take-home kits for \$45.00.

Each one comes with everything you need to create your own teacup birdfeeder at home. Kits are first come, first serve and will be available for pickup at Arrow River Hall. Just comment below or send us a message if you'd like to reserve one!

We've also had a few questions about whether we'll be taking a break for summer — and we want to let you know that yes, we'll be continuing through July and August! We know summer is a busy season, and totally understand if you're away or unable to make it, but for anyone who looks forward to these evenings each month, we're happy to keep creating space for connection all year round.

See you next month!







REWILD YOURSELF

We live in a world of screens, schedules and artificial light—but our bodies still remember the forest. Deep inside us is a primal, peaceful knowing that's reawakened every time we step outside. This is a reminder to rewild yourself.

1. The Science of Nature's Healing

- Exposure to nature reduces cortisol (stress hormone)
- Boosts immune function (phytoncides from trees!)
- Increases focus, creativity and emotional balance
- Supports mental health and reduces symptoms of anxiety/depression

2. Rewilding Is More Than Just Going Outside

- It's about reconnection: with your body, your senses, your breath
- Try walking barefoot (earthing), listen for nature sounds, feel the wind or watch a bug crawl
- It's a return to our original design not about being wild, but being whole

3. Simple Ways to Rewild This Week

- Spend 20 mins outside with no phone
- Lie in the grass and watch the clouds (great for your vagus nerve!)
- Take a "sun bath" in the morning
- Walk slowly and barefoot, feel the ground beneath
- Sit with a tree notice the texture of the bark or listen to the wind rustle the leaves

You don't have to go off-grid or move to a forest. Rewilding can start in your backyard, your local park or even your patio!

It's about remembering who you are beneath the noise!

Wishing you Wellness



Located in Beautiful Birtle Manitoba Saturday August 23 2025

MORNING WELLNESS SESSION 9am - 12pm \$50

Emotions in our Bodies - Activity
Mindful Nourishment (snack time - a variety of fresh foods provided)
Power of Positivity - Workshop

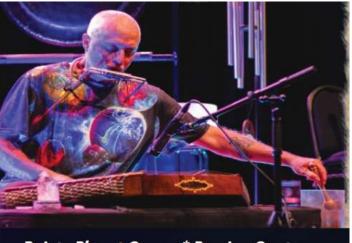
AFTERNOON HEALING SESSION 1pm - 4pm \$50

Rooted in Nature - Workshop

Mindful Nourishment (snack time - a variety of fresh foods provided)
Live Calm Emotional Release - Activity

FOR MORE INFORMATION CALL/TEXT 204.512.0363 OR VISIT ECHOES IN THE VALLEY - BIRTLE FB PAGE

ZOEY JEBB



Paiste Planet Gongs * Persian Santoors

Quartz Crystal Bowls * Harmonica

Saturday, August 23rd Birtle Community Hall 160 Centre St. Birtle, MB

7pm - 9pm, doors open 6:30pm
Cost \$35/person
Contact Zoey at 204-512-0363 to reserve tickets
Bring a yoga mat or a blanket



"Is Therapy Right for Me?"

Q: "I'm so tired of feeling anxious and overwhelmed, but I'm not sure if therapy is for me. How do I know if it's the right step?"

A: First off—if you're even asking this question, that's a powerful sign. It means a part of you knows things could feel better, even if you're not sure what that looks like yet.

Here's the truth: you don't need to hit rock bot-

tom to reach out. Therapy isn't about being "broken." It's about not having to carry so much alone.

You might be ready for support if:

You feel anxious more days than not, or your mind never seems to slow down.

You're stuck in thought loops—constantly over-thinking, second-guessing, and still not feeling any better.

You're exhausted, unmotivated, or no longer enjoy the things that used to help.

Your emotions feel out of control—or like they've shut down completely.

You're coping in ways that don't really help (like overworking, doom-scrolling, or withdrawing).

You feel stuck—and tired of feeling stuck.

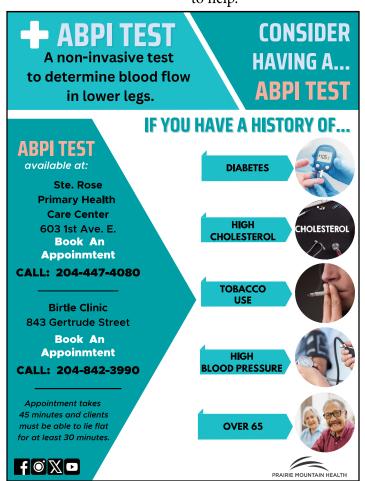
If any of this sounds familiar, know that you're not alone. And no, you don't have to figure it all out before asking for help. Whether you're curious about therapy or ready to get started, we welcome you to reach out. We're always happy to chat.

You deserve to feel better than this—and it's okay to ask for support.

Valley Art Therapy <u>care@valleyarttherapy.com</u> 204 842 3869



Have questions?





Valley Service for Seniors 663 Main St. Birtle Phone 204-842-3296 Tuesdays Wednesdays & Thursdays 9am to 4pm

Tuesdays 9am Walking 10am Exercise 11am Coffee

Wednesdays 9am Walking 9am to 4pm Office & Home Visits Thursdays 9am Walking 10am Exercise 1:30 Floor Curling

VICTORIA LIFELINE Medical Alert Service 24-7 Response Professional Home Installation Proven Fall Detection Technology No Landline Required Call Shauna 204-842-3296

Serving the needs of our Community Seniors!!

valleyserviceforseniors@gmail.com facebook: Valley Service for Seniors - Birtle









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PRAIRIE VIEW CALENDAR JUNE 2025

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	Minor Ball 7 Day Yin Yoga
			Birtle Lab			10am
8	9	10	11	12	13	14
			Birtle Lab			Yin Yoga 10am
15	BCI Exams 16	BCI Exams 17	BCI Exams	BCI Exams 19	20	21
			MWPD Birtle			Summer Market
			Birtle Lab			Mainstreet
22	23	BCI GRAD	25	26	27	28
		VAH Vaccine Clinic Miniota		PWSD Last Day of Classes		
29	30	1	2	3	4	5
						Summer Market Mainstreet

View our
Online Community Calendar
for more details at
myprairieview.ca/p/community-events

To submit an event to our Community Calendar visit

https://myprairieview.ca/p/add-event

Weekly Events

Dance Fitness with Zoey Tuesdays 7pm
Men's Night Golf - Miniota Tuesdays 7pm
Birtle Pickleball Tuesdays 7pm
Ladies Night Golf - Birtle Tuesdays 6:30pm
Ladies Night Golf - Miniota Wednesdays 7pm
Foxwarren Bingo - Wednesdays 2pm to 4pm

Birtle Pickleball - Thursdays 10am

Men's Night Golf - Birtle Thursdays 7:00pm Foxwarren Homemade Lunch - Fridays 11:30

Beulah Hall Online Chase the Ace - Sundays 7pm

LOCAL EMPLOYMENT OPPORTUNITIES

RERC Local Opportunities

Art Therapist

Casual Cook

Central Delivery Truck Driver

Class 1A Truck Driver/Maintenance

Driver Education Instructor

Early Childhood Educator/Child Care Assistant

Field Engineer Assistant

Ground Support Personnel

Highway Field Inspector

Maintenance Worker

Member Service Representative

Survey Crew Chief

Truck Driver/Operator

Welder & Heavy Duty Ag Mechanic

For more information on these positions contact

RERC Tel: (204) 773-3353or

https://regionalemployment.ca/job-board/

Moulson's Welding

Experienced Welder

Heavy Duty/Ag Mechanic

For information contact

moulsonswelding@gmail.com call 204-847-2227

Heart & Sole Reflexology Amanda Fulcher

Reflexologist 122 9th Street Birtle, MB fulcheramanda3@gmail.com 1-204-821-4546

Ken Kirk

Thinking of Buying or Selling? MARTINLIBERTY REALTY Royal LePage/Martin-Liberty Realty 204 764 2904

kenkirk@royallepage.ca www.kenkirk.ca

"Making Realty dreams a Reality..."

Twin Valley Co-op - Birtle & Miniota

Agros - Truck Drivers/Operators

Birtle Home Centre - Central Delivery Truck Driver

Birtle Home Centre - Clerk

Birtle Food Store – Grocery Clerk

Bulk Fuel Truck Driver/Maintenance

Agros – Sales Agronomist

for more information visit www.twinvalleyco-op.crs/ sites/twinvalley/careers

Prairie Mountain Health - Birtle

Community Mental Health Worker

Cook I

Dietary Aide - multiple

Environmental Services Aide (Housekeeping)

Health Care Aide - multiple

Home Care Attendant

Licensed Practical Nurse - multiple

Nurse II - multiple

For more information visit https://careers.pmh-mb.ca/

To place a listing here, email prairieviewoutlook@gmail.com



SUPPORTING YOUR ECONOMIC INITIATIVES



















BUSINESS SUPPORT **TOURISM**

MARKETING

PLANNING & DEVELOPING

RUSINESS RETENTION & EXPANSION

PEER CONNECT STRATEGIC PLANNING

Housing & lobs

FUNDING & INCENTIVES

PHONE: 204-842-3602 EMAIL: CDC@MYPRAIRIEVIEW.CA

OUTLOOK SUBMISSIONS: PRAIRIEVIEWOUTLOOK@GMAIL.COM



BIRTLE MINIOTA & DISTRICT DEVELOPMENT CORPORATION



Do you have a story to share?

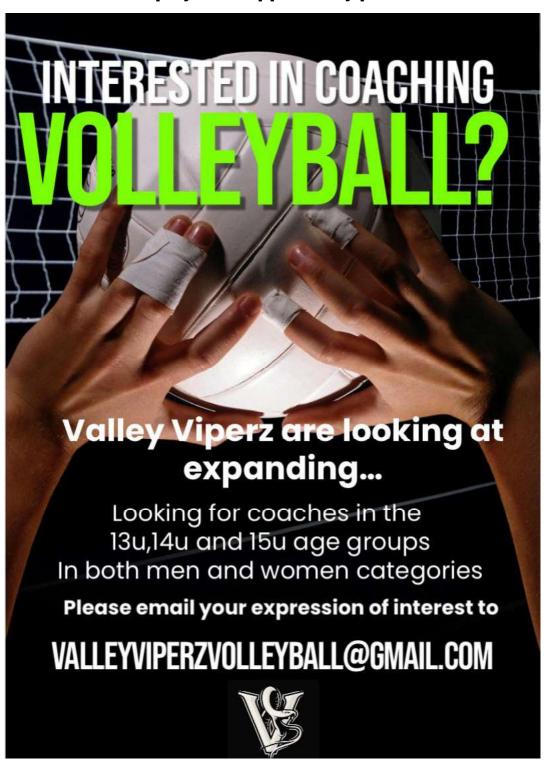
Submit it to The Outlook!

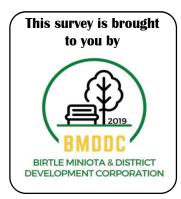
email: praireviewoutlook @gmail.com



ADVERTISE with US

email prairieviewoutlook@gmail.com to have your employment opportunity posted







Community we want your feedback! VOICES

Making informed decisions on how to best serve you is important to us! BMDDC is asking for your thoughts on key issues like housing, employment, services and recreation. Your input will guide decisions, shape future initiatives and strengthen our community for generations to come!

The surveys will focus on different topics, allowing us to take a deeper look at what matters most. Whether you're a long-time resident or new to the area, your voice is important!

Please take a few moments to complete this survey. Your responses will remain anonymous and the results will be used to develop plans and resources that reflect our community's needs. We appreciate your time!

Adding your contact is not mandatory but can help us reach out with relevant information in response to your specific answers. It also enters you in our draw!

1. How long have you lived in Prairie View Municipali-	5. How do you prefer to hear about community events and news?		
y;			
		Facebook	
2. What town do you live in/near?		Other Social Media	
		The Outlook Newsletter	
3. On a scale of 1 though 10, with 1 being not at all &		Community Bulleting Boards	
0 being strongly, how much do you feel a sense of be-		Municipal Website Event Calendar	
onging in your community? 1 2 3 4 5 6 7 8 9 10		Word of Mouth	
		Other (please specify):	
4. Have you participated in any local community		1 //	
vents in the past 1 to 2 years?	6. Wo	uld any of the following help you feel a stronge	
☐ Welcome Night/Volunteer Appreciation/Fall Fest	sense of belonging (if desired)?		
☐ Christmas Celebrations		Opportunities to meet new people	
☐ Canada Day Celebrations		Volunteer Opportunities that match your interes	
☐ Shirtsleeve Classic		Better communication for upcoming events	
☐ Tea, Lunch, Supper, Ladies Night, Funder	$\overline{\Box}$	Local mentorship program	
☐ A derby or sporting event		Family or community gatherings	
☐ A market		Groups like a walking or reading club	
☐ Other (please specify):		Other:	
WE APPRECIATE HE	ARING	FROM YOU	
2 MAYE TO IIA	WEV	OUD CAV	
3 WAYS TO HA . Visit https://myprairieview.ca/p/birtle-miniota-cdc			

3. Fill out this form, take a photo or scan and email to cdc@myprairieview.ca or text it to 431-257-1111.

or a Prairie View Municipal Office (Birtle or Miniota).